

Loveland Parks & Recreation Youth Basketball Program Shorts Fall 2023

	2nd & 3rd Grade	4th & 5th Grade
Number of Players	5	5
Ball Size	27.5 inch	28.5 inch
Rim Height (games)	9 ft.	10 ft.
Game Time (running clock)	20-min. halves	20-min. halves
Overtime	No	No
Start of game	Home team inbounds at mid-court	Home team inbounds at mid-court
Alternate Possession	Yes	Yes
Time Outs per team	3 per game	3 per game
Substitutions	Every 5 minutes (mandatory)	First 30 min's: Every 5 minutes (mandatory) Last 10 min's: Ok to sub on any dead ball. Players check in at score table. (Equal play is still the goal)
Defense	Man-to-man	First 30 min's: Man-to-man defense only Last 10 min's: Man-to-man, zone, double- team, trapping are all ok.
Defense begins (must let ball cross line)	Defense's top of key or VB line	Half-court
	Note: If offense moves ball past top of the key or VB line and then returns ball above it, then defense may extend to half-court.	n/a
Full court press allowed	No	Last 10 minutes of game only (see 10 pt. Rule)
10 Point Rule	n/a	If 10 or + point lead: Team ahead may not full-court press. (Fall back line: mid-court line) Team behind may full-court press any time it is allowed.
Switching Allowed	Yes	Yes
Personal fouls allowed	5	5
Free Throws	No. FT situation only, one point awarded, fouling team inbounds.	Yes. Bonus on team foul 7, 8, and 9 each half (unless two-shot foul). Double bonus (two shots) on and after foul 10.
Official may move Shooter up	n/a	Yes
Entering the lane	n/a	Players may enter lane after shot is released.
Clock on free throws	n/a	Last 5 minutes of game only: Clock stops for free throws ONLY IF point difference is less than 10 points.
Three Seconds Called	Yes	Yes
Over and Back Called	Yes	Yes
Uniform Requirements (all levels)	1) Youth Athletic T-shirt; 2) Non-marking soled gym shoes; 3) NO JEWELRY! All items must be removed. Taping of jewelry is not allowed.	

Fun * Skill Development * Safety!

Our goal is to help the kids have a safe and fun experience.

Our expectation is that we all do our part as a team to make that happen.

Please, help us to keep the kids playing!