

# 14/UNDER RECREATIONAL LEAGUE MODIFIED RULES

## **RULE 1 - Players, Field And Equipment**

- The diamond shall be **80** feet between bases.
- Catchers must wear a helmet which includes ear protection. The mask must have a separate, attached throat protector.
- The pitching rubber shall be **54** feet from the point of home plate to the front of the rubber.
- Only color restrictions apply to gloves and mitts.
- Bats do not need to meet the NFHS length/weight ratio or the BESR performance standard. No Bat Restrictions
- All players shall play at least three defensive innings or one hour of each game.
- Players who do not play this minimum in any game must start and play at least three consecutive defensive innings in the next game. All players must complete at least one turn at bat prior to substitution.

## **RULE 3 - Substituting - Coaching - Bench & Field Conduct - Charged Conferences**

- **"A team may start and play a game with 8 players and not be charged with an automatic out for the missing 9th player. A player that leaves the game due to injury or illness will not be allowed to re-enter the game and an automatic out will be recorded whenever that player's spot in the batting order comes up".**
- A team's lineup will consist of all present roster players. On defense, free substitution shall be allowed.
- Pitchers/Catchers that are warming up within the foul area of the ball field **MUST** have a PROTECTIVE Player between them and the field of play. **THIS WILL BE ENFORCED**

## **RULE 4 - Starting and Ending the Game**

- Games shall start and end on time. A game shall consist of six innings or 2 hours. No new inning shall start after the time limit. The start of a new inning is the exact time that the 3<sup>rd</sup> out occurs in the previous inning. (Prevents teams from stalling the next inning). Once time has expired the visiting team finishes their half of the inning per normal rules (6 inning rule in effect). If the home team is behind then they bat until they get 3 outs or win the game. If the game is then tied the clock is set for 15 minutes. The game plays until someone wins or time expires (at which point the current inning plays out until completed). If the game is still tied then it is recorded as such.
- The 10 run rule is in effect. See NFHS Rule Book.
- Rainouts will only be rescheduled for one game for standings. Managers may reschedule un-placed games at their option, but they will not be recorded for standings.

## **RULE 6 - Pitching**

- Pitchers are limited to pitching 7 innings per week. A week consists of Sunday through Saturday.
- A pitcher must have at least three days rest between appearances of four innings or more.